## 2009 FENWICK ISLAND BEACH PATROL JUNIOR LIFEGUARD PROGRAM

FOR BOYS & GIRLS AGES 9 – 15 10:00AM – 12:00PM

## **Junior Lifequard Programs**

Session 1 – June 30 – July 2

Session 2 - July 7 -9

Session 3 – July 14 -16

Session 4 – July 21 -23

Session 5 – July 28 -30

Session 6 – Aug 4 -6

Session 7 - Aug 11–13 tentative

## \* Advanced Lifeguard Program

July 8 – August 6

\* Prerequisite: previous participant in Junior

Lifeguard Program. Participants in

Advanced Program may participate every

Wednesday and Thursday throughout to

increase skills and prepare for competition

There is a maximum number of **12 participants per class**. The cost is **\$45.00 per session**, which includes uniform, instruction, and supervision, certificate of participation, and USLA Junior Lifeguard membership.

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## ADVANCED PROGRAM: JULY 8 - AUGUST 6

**COST:** \$75.00 Prerequisite: previous participant in Junior Lifeguard Program. Children may participate every Wednesday & Thursday throughout the sessions to increase skills and prepare for competition.

**REQUIREMENTS:** All children must have had prior swimming lessons or possess adequate swimming skills. Although this program will provide some swimming techniques, *this is not a swimming lesson!* 

The goals and objectives of the program are:

- To promote public education regarding beach and water safety
- To promote health & fitness
- To provide training in water safety and beach skills
- To develop skills in teamwork & sportsmanship
- To develop potential future lifeguards

To <u>Register</u>: Pick up forms at the Fenwick Island Town Hall or download from our website <a href="http://www.fenwickisland.delaware.gov/beach.htm">http://www.fenwickisland.delaware.gov/beach.htm</a>

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Mail Checks payable to **Town of Fenwick Island** and Application (one per child) to:

Town of Fenwick Island Junior Lifeguard Program 800 Coastal Hwy. Fenwick Island, DE 19944-4409